

# Energy SUPPORT

Bacterial strains in this formulation are linked to different mechanisms that stimulate energy production and lower inflammation, addressing the core of energy regulation. Energy Support also includes vitamin B12 to further boost energy levels.

## Specific target group

For individuals seeking extra support to boost energy levels or help reduce mental or physical fatigue.

## Strain selection

The strains have been specifically selected based on our latest insights from both our own in vitro work performed in our state-of-the-art facilities and our extensive scientific literature analysis.

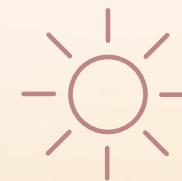
- Stimulate the production of butyrate, a short chain fatty acid which is the primary source of energy for the intestinal cells, enhances energy expenditure, and has proven anti-inflammatory effects.
- Lower inflammation by downregulating TNF- $\alpha$ , and stimulate the anti-inflammatory cytokine IL-10, benefiting energy metabolism.
- Produce nutraceuticals such as propionic acid and B-vitamins.

## Functional ingredient

15% of the nutritional value reference according to EU 1169/2021.

## Strains

- *Bifidobacterium breve* W25
- *Lactobacillus acidophilus* W70
- *Lactobacillus gasseri* W137
- *Propionibacterium freudenreichii* W200



With vitamin B12  
activating natural  
energy in the body